

Social Media Blocking Checklist

*Follow these steps to confirm and resolve
a potential First Amendment violation*



STEP 1: Take photos or screenshots of the social media page that blocked you, including your posts if they are still visible or archived.



STEP 2: Use the “So you’ve been blocked on social media by a government official” flowchart to determine if your constitutional rights were violated.



STEP 3: Learn why blocking people on social media is unconstitutional and violates your First Amendment rights. Download and read the PDF: [Why Does Social Media Blocking Violate the First Amendment?](#) You can also read the national ACLU's recent blog post on this topic: ["Can a Government Official Block You on Twitter?"](#)



STEP 4: If the flowchart determines your rights were violated, contact the elected official via phone or email and asked to be unblocked (this low-key approach resolves 50% of complaints).



STEP 5: If you receive no response to the above request, download and personalize the ACLU of Utah’s new DIY Demand Letter and send it to the elected official.



STEP 6: If you receive no response after 30 days, contact the ACLU of Utah at www.acluutah.org/request-help, or call 801-521-9862.

Please note that following these steps does not imply that the ACLU of Utah is or would pursue legal action on your behalf or in any case.